

# CORE COURSE



# MEMBERSHIP BENEFIT

## Principles of Group Psychotherapy

This 12 hour introductory course is designed to meet one of the eligibility requirements for inclusion in the National Registry of Certified Group Psychotherapists. The course provides a basic overview of the theory and practice of group psychotherapy. In addition to didactic presentations the faculty will select methods that are congruent with their own experience and teaching styles to enhance this learning experience. This AGPA-designed course syllabus contains 5 modules. Please expect some experiential/process approaches.

When : Friday, September 7, 2007, 1:00 pm to 7:20 pm and Saturday, September 8, 8:30 am to 5:20 pm.

Where : Office of Moira Artigues, MD, CGP, 1020 Southhill Drive, Suite 380, Cary, NC, 27513

For directions go to [www.carolinasgps.org](http://www.carolinasgps.org)

Cost : \$125.00 if registration is received by September 1, 2007

Cost includes dinner Friday evening and lunch on Saturday.

All faculty are Certified Group Psychotherapists.

Coordinator and Faculty Coordinator: contact Moira Artigues, 919-678-0002, or [drmoira@bellsouth.net](mailto:drmoira@bellsouth.net)

Recommended texts :

- Agazarian, Y. (1997). Systems-Centered Therapy for Groups. New York: The Guilford Press.  
Bernard, H., & MacKenzie (Eds.), K. (1994). Basics of Group Psychotherapy. New York: The Guilford Press.  
Brabender, V. (2002). Introduction to Group Therapy. New York: John Wiley & Sons, Inc.  
Ettin, M. (1992). Foundations and Applications of Group Psychotherapy. Boston, MA: Allyn and Bacon.  
Gladding, S. (1991). Group Work: A Counseling Specialty. New York: Macmillan Publishing Company.  
Kaplan, H. & Sadock (Eds.), B. (1994). Comprehensive Group Psychotherapy (3rd Edition), Baltimore, MD, Williams & Wilkins.  
Lonergan, E., (1982). Group Intervention: How to Begin and Maintain Groups in Medical and Psychiatric Settings. New York: Jason Aronson.  
MacKenzie, K. (1992) Classics in Group Psychotherapy. New York: The Guilford Press  
MacKenzie, K. (1997). Time-Managed Group Psychotherapy: Effective Clinical Applications. Washington, DC: American Psychiatric Press, Inc.  
Rutan, J., & Stone, W. (2001). Psychodynamic Group Psychotherapy (3rd Edition). New York: The Guilford Press.  
Yalom, I. (1995). The Theory and Practice of Group Psychotherapy (4<sup>th</sup> Edition). New York: Basic Books.

### REGISTRATION FORM – CGPS CORE COURSE – September 29-30, 2006

NAME \_\_\_\_\_ Phone #s (h) \_\_\_\_\_ (w) \_\_\_\_\_

“snail mail” Address \_\_\_\_\_ e-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Please include registration fee of \$125. payable by check to CGPS. (or \$135. If after 08/8/06.)  
If not a CGPS member please enclose an additional \$35. to cover membership.

Please CIRCLE, if Vegetarian. **Mail to** Moira Artigues, 1020 Southhill Drive, ste 380, Cary, NC 27513

## Goals for The Course

Registry	Fulfill 12 hour course work required for certification by the National Registry of Certified Group Psychotherapists.
Foundations	Develop an understanding of historical and theoretical foundations of group psychotherapy practice.
Group Process	Develop a conceptual understanding of fundamental group dynamics and process, and conceptualize the interrelationship between group process and personality dynamics in creating a therapeutic group experience for all group members.
Change Process	Learn how to use the group psychotherapy treatment modality in order to change and improve the patient's level of psychosocial functioning.
Role of Leader	Learn methods, approaches and strategies to lead a psychotherapy group according to the highest ethical standards of the mental health profession.
Short-Term Approaches	Learn the theory, practice and techniques of therapy groups that are short-term, structured and theme-centered.

In addition to this introductory course, the following requirements must be met to be eligible for Certification by the National Registry :

Clinical Credentials:	Mental health professionals with a minimum of a master's degree in a clinical mental health field who are licensed at the highest level for their discipline in the state in which they practice. In those states where discipline licensure is not available, membership or certification at the highest clinical level in designated national professional organizations may be used to verify clinical credentials.
Group Psychotherapy Experience:	300 hours of group psychotherapy experience as leader or co-leader accrued during or following clinical graduate training.
Group Psychotherapy Supervision:	75 hours of group psychotherapy supervision during or following clinical graduate training. The supervision must have occurred with an approved group psychotherapy supervisor in either an individual or group format and must have involved the regular presentation of group psychotherapy clinical material.



Carolinas Group Psychotherapy Society  
c/o Moira Artigues, MD, CGP  
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Cary, NC, 27513