



About CGPS

Carolinas Group Psychotherapy Society is an affiliate society of AGPA (American Group Psychotherapy Association, www.agpa.org) We seek to promote and enhance the skills in group process and organizational group dynamics while supporting professionals working to improve the mental health and interpersonal skills of persons in the Carolinas. www.carolinasgps.org

Participation in the workshop...

is an integral part of the learning process. Participants are expected to be present for all group sessions.

FOR MORE INFORMATION

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Carolinas Group
Psychotherapy Society

The Johari Window: A View of the Group & The Self

With
David Hawkins, MD



Fall Workshop
October 11, 2008
1 PM - 5 PM

Duke University
Durham, NC



Guest Presenter



David M. Hawkins, MD, CGP, DFAGPA is a psychiatrist in private practice in Chapel Hill, NC. He is Adjunct Associate Professor of Psychiatry at Duke University

Medical Center, and at the University of NC at Chapel Hill. He is a Past President of the American Group Psychotherapy Association and of the American Academy of Psychotherapists. Dr Hawkins is a longstanding member of CGPS.

Attendees will...

Describe the JoHari Window, differentiating its four quadrants.

Apply this to orienting new group members.

Discuss the leader's use of this information to further the work of the group.

Recognize use of scapegoat/container to avoid self-revelation.

Recognize group resistance to approaching the territory of "unknown to self."

Conference Description

The JoHari Window is a useful diagrammatic tool for orienting new members to the work of a therapy group. It suggests from the outset that knowing and being known are central to the therapeutic task; that revealing information about oneself and giving and receiving feedback will be important tasks; and that one can expect to have unconscious material perturbed into awareness by the process of the group. During the work of the group, the diagram and concepts can be used to help members distinguish between their stories about themselves and their experience of self in the present.

The JoHari Window is a model that describes where information about group members is located, and also how this information can be moved, by self revelation and by feedback, into the shared pool (known to self and to others) where it is available for creating understanding of individuals and of the group process.

Registration Form

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CONFERENCE FEES	
Members & Non-Members: \$40	\$ _____
Become a Member for \$35	\$ _____
Donation to CGPS Scholarship Fund:	\$ _____
Would like to attend but need scholarship in the amount of	\$ _____
TOTAL ENCLOSED	\$ _____

Please make check to: CGPS

MAP AND DIRECTIONS SENT WITH CONFIRMATION. ACCOMMODATION INFORMATION SENT UPON REQUEST

Send registration to:

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