

Observation Group

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This is a unique opportunity to observe, through a two-way mirror, an ongoing psychodynamic therapy group in a private practice setting.

Following the group session, Dr. Hopfenberg leads a half-hour seminar in which the practical application of group process theory is tied to the session observed. During the seminar, participants are encouraged to offer their insights and suggestions.

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Call 919-431-0085 for more information.