



looking at **me**

looking at **you**

looking at **us**

Countertransference and Process Illumination in Group Psychotherapy
presented by Nina Brown, Ed.D, FAGPA

Duke University • Stedman Building • Center for Living Campus
3475 Erwin Road, Durham, NC 27705

Methods of the Workshop

A range of formats will be offered to provide opportunities for participants to integrate the information and experiences of the workshop to suit their particular needs, and to assist them to personalize the material. These formats include lectures, discussion, extended experiential small groups, hands-on creative activities and a large group. There will be opportunity in the large group for consultation on issues from your own clinical practice.

Small group leaders

Seamus Bhatt-Mackin, MD
Mardy Irland, Ph.D.
H. Cooke Read, LCSW, CGP
Libby Webb, LCSW, BCD

Workshop coordinator

Russ Hopfenberg, Ph.D. CGP
Phone: 919-431-0085
Email: RussH100@aol.com

Workshop Theme

Group process is a fundamental concept to leading groups in a deliberate and effective manner. Group process can be studied in a variety of ways including the observation of group dynamics, the content and feelings expressed by members, the metaphors that arise in the group, and other associations that occur for the group leader. All these paths to process will be described and illustrated in the workshop with active involvement of participants.

The group leader's own experience in the workshop is the primary focus of this training. Group leaders' use of self (countertransference) is a rich source of information about what is happening in the group. Participants will have an opportunity to explore their own internal response to better understand the needs and progress of the group.

Objectives of the Workshop

Participants will:

- 1 learn a definition for process and explore the assumptions and strategies for tuning in to group process
- 2 develop an understanding of the leader's skills and tasks for helping members accept group process commentary, and learn how to make process commentary
- 3 explore the use of metaphors in process and commentary.
- 4 understand the use of constructive countertransference for process illumination

Each participant will be assigned to his/her own small group which meets five times during the weekend. Participation in the workshop is an integral part of the learning process. Participants are expected to be present for all group sessions as much as is humanly possible.

**CGPS Workshop - Registration for
looking at me ... looking at you ... looking at us
Countertransference and Process Illumination in Group Psychotherapy**

Name: _____

Address: _____

Phone: _____

E-mail: _____

Occupation: _____

Special dietary requirements: _____

Workshop Fees

\$230 CGPS Member (\$200 before April 1st) _____

\$250 Non-member (\$230 before April 1st) _____

\$65 Full-time student (includes membership) _____

Yes, I wish to become a CGPS member _____

or pay my 2012 fees of \$50 _____

Donation to CGPS Scholarship Fund _____

Total enclosed _____

To apply for a scholarship contact Russ Hopfenberg

Checks should be made payable to
Carolinas Group Psychotherapy Society
Return registration form with your check to:
Cooke Read
1622 East Nc Hywy 54
Durham, NC 27713